

Chinese Hospital Handing Out Free N95 Masks and Provide Precautions



With the Camp Fire still raging in Northern California and winds pushing smoke south, air quality continues as a health hazard in San Francisco. In response, Chinese Hospital will hand out N95 masks on Tuesday, November 20th.

“The smoke affects millions of people. The main danger from wildfire smoke is known as PM2.5, which can cause lung and heart disease. PM2.5 is bad for everyone, but particularly for people who already have conditions like asthma or emphysema, and for children whose lungs are still developing. People with asthma should follow their asthma action plans and keep quick relief medicine handy. If you experience the following symptoms, such as repeated coughing, shortness of breath or difficulty breathing, you should contact your health care provider,” said Dr. Cynthia Lin from Chinese Hospital.

“With the air quality in San Francisco at such unhealthy levels from the Camp Fire, Chinese Hospital is pleased to be able to offer N95 masks to the community, but we strongly advising our community to stay indoors and avoid exposure to smoke. Always check AQI- Air Quality Index before you move outdoors,” said Chinese Hospital CEO, Jian Zhang.

Along with giving out the masks, Chinese Hospital staff demonstrated the quick test for ensuring a good fit, showing the public how to wear a N95 mask properly.

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