

# Health Education

**Visit Chinese Community Health Resource Center (CCHRC) for health education resources.**

Their primary mission is to promote a healthier lifestyle through bilingual health education programs. Here's what they offer:

- Chinese Community Health Resource Center (CCHRC) website
- Wellness Library
- Health Education Materials
- Seminars and Workshops
- Cancer Education and Management
- Chronic Disease Management
- Support Groups
- Individual Counseling
- Patient Navigator Program
- Palliative Care
- Referrals
- Community Events
- Community-based Participatory Research

To participate in Chinese Hospital's health education classes and community workshops, pre-registration is required. To see the schedule of upcoming classes, please visit our classes and seminars calendar at CCHP's website.