

# Omicron-Updated COVID-19 Boosters Q&A



**Chinese Hospital now offers both Pfizer and Moderna bivalent boosters that have been updated to better match the latest coronavirus strains.**

**How are the updated boosters different from the original ones?**

The new bivalent booster is a type of vaccine that protects against a combination of two or more coronavirus strains. Half of it targets the original strain, and the other half targets the BA.4 and BA.5 Omicron variants.

**Do I need to stick with the same brand?**

According to the CDC, people ages 18 and older may get a different brand for their booster than they received for their primary vaccine series.

**Are the side effects any different?**

In the study, participants who received the bivalent vaccine reported the same common side effects as very mild or even non-existent, which may include pain, redness and/or swelling at the injection site, fatigue, headache, muscle pain, chills, and joint pain.

**Is there a difference between the Pfizer and Moderna boosters?**

The two shots have very similar formulations and different dosage amounts. Pfizer's bivalent booster contains 30 micrograms while Moderna's bivalent booster contains 50 micrograms.

### **Who is eligible to get an updated booster?**

Anyone 5 and older who had their primary vaccine series or last booster more than 2 months ago is eligible for the bivalent booster. For people ages 5-17 years, their boosters can only be Pfizer.

### **Can I get a bivalent COVID-19 booster and flu shot at the same time?**

Both influenza and COVID-19 vaccines can be administered at the same visit, without regard to timing. If you have concerns, speak with a healthcare provider.

### **Should you get a booster if you recently had COVID?**

According to the CDC, if you recently had COVID, you may consider delaying your next vaccine dose by 3 months from when your symptoms started or, if you had no symptoms when you first received a positive test.

### **Chinese Hospital Vaccination Clinic**

- Chinatown: 845 Jackson Street, B1, San Francisco
- Sunset: 1800 31st Ave, San Francisco
- Excelsior: 888 Paris St, #202, San Francisco
- Daly City: 386 Gellert Blvd, Daly City

\*Insurance required. If you have any questions or would like to schedule an appointment, please call 1-628-228-2828.

### **Medical Disclaimer:**

This material is not a substitute for qualified medical diagnoses, treatment, or advice. It should not be used to replace the suggestions of your personal physician or other health care professionals.