

Schedule your annual checkup



Even if you think you are healthy, scheduling an appointment with your primary care physician (PCP) for preventive care services is important. Through a preventive exam and routine health screenings, your PCP can determine your current health conditions, identify problems earlier, and help keep you healthier.

During your visit, your PCP will determine what tests or health screenings are right for you based on factors such as your age, gender, health status, and health and family history.

Your visit may involve:

- Your medical and family history review
- Measurements: Height, weight, heart rate, blood pressure
- Health risk assessment
- Screenings: blood pressure, diabetes, cancer, heart diseases or liver conditions
- Medication review
- Immunizations and flu shots

Preventive care is usually covered by most insurance plans through network providers. Health insurance plans accepted at Chinese Hospital's clinics include: CCHP, Hills Physicians, San Francisco Health Plan, San Mateo Health, Blue Shield, Blue Cross, Aetna, Cigna, Medicare, and Medi-Cal.

To schedule an appointment, please call 1-628-228-2828.

Medical Disclaimer:

This material is not a substitute for qualified medical diagnoses, treatment, or advice. It should not be used to replace the suggestions of your personal physician or other health care professionals.