

Who Should Be Screened for Lung Cancer?



Lung cancer is the leading cancer killer of men and women in the U.S., and cigarette smoking (including e-cigarettes and vaping) is the number one risk factor for lung cancer, linked to at least 80% of lung cancer deaths. The longer you smoke, the greater your risk.

Be Screened for Lung Cancer

Screening can detect cancer before symptoms occur and at earlier stages when the disease is more treatable. Lung cancer screening is a process that's used to detect the presence of lung cancer in otherwise healthy people with a high risk of lung cancer. Screening saves lives.

Low-dose CT is the recommended way of detecting lung cancer at its early stages. You are eligible for the screening if you have a history of heavy smoking. *Annual screening is recommended for adults aged 50 to 80 years who have a 20 pack-year smoking history (less than $\frac{1}{2}$ pack a week) and currently smoke or have quit within the past 15 years.*

If you are a smoker or ex-smoker, take this eligibility quiz:

Am I eligible for low-dose CT cancer screening

Prevention

Not all lung cancers can be prevented, but you can reduce your risk if you:

- Stay away from tobacco
- Avoid radon exposure
- Avoid or limit exposure to cancer-causing agents
- Eat a healthy diet
- Exercise most days of the week

Appointment or Inquiry

If you think you are eligible for screening or would like to discuss your lung health with our providers, please call 1-628-228-2828. Medicare and many health plans cover lung cancer screening without cost-sharing. Contact your health plan about your benefits.

Help to build a community free of lung disease

Support “Chinese Hospital/Jack Lee Fong Family Lung Health Initiative Matching Challenge” and make a donation that will save lives! Your tax-deductible donation funds lung disease and lung cancer treatments, CT screenings, lung health education, and more. Your contribution is vital to help end lung disease. Make a donation today. For more information, please visit Jack Lee Fong Family Lung Health Initiative Matching Challenge page.

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